

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: BEST

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mentens Nele HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BACKSTROKE WOMEN 15-16		Heat:5, starttime: 09:06
Heat: 5/5 Lane : 1 Athlete: VANDERLINDEN PAULIEN		Q-time: 00:33:38
PB (50m pool): 00:33.38 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:31.73 SB: no time		
	5 0 M	
PB	00:33.38	
	00:33.38	
		

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 15-16		Heat:5, starttime: 09:33
Heat: 5/7 Lane : 7 Athlete: KERCKHOFS NIENKE		Q-time: 01:16:71
PB (50m pool): 01:16.71 Antwerpen 13/07/2025 PB (25m pool): 01:15.38 SB: 01:17.36 SportinGenk Park 11/11/2025		
	5 0 M	1 0 0 M
PB	00:36.84	01:16.71
	00:36.84	00:39.87
		

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 15-16		Heat:4, starttime: 10:06
Heat: 4/6 Lane : 4 Athlete: KERCKHOFS NIENKE		Q-time: 00:40:00
PB (50m pool): 00:43.21 Antwerp 14/04/2024 PB (25m pool): 00:40.00 SB: no time		
	5 0 M	
PB	00:43.21	
	00:43.21	
		

Coach feedback:

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Event number: 9: 50M BREASTSTROKE WOMEN 15-16							Heat:5, starttime: 10:07	
Heat: 5/6 Lane : 7 Athlete: VANDERLINDEN PAULIEN							Q-time: 00:39:15	
PB (50m pool): 00:39.15 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:37.82 SB: no time								
	5 0 M							
PB	00:39.15							
	00:39.15							
								

Coach feedback:

Event number: 17: 50M BUTTERFLY WOMEN 15-16										Heat:6, starttime: 11:21	
Heat: 6/8 Lane : 7 Athlete: KERCKHOFS NIENTKE										Q-time: 00:33:15	
PB (50m pool): 00:33.15 Antwerpen 20/04/2025											

Coach feedback:

Event number: 17: 50M BUTTERFLY WOMEN 15-16										Heat:7, starttime: 11:22	
Heat: 7/8 Lane : 2 Athlete: VANDERLINDEN PAULIEN										Q-time: 00:32:14	
PB (50m pool): 00:32.14 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:31.27 SB: no time											
	5 0 M										
PB	00:32.14										
	00:32.14										
											

Coach feedback: